



October

KAITLYN VOIGT (LEFT)

CATHERINE WILSON (RIGHT)

2009

TWO THOUSAND NINE

**October is National Orthodontic Health Month**

Many people may remember when getting braces meant wearing a bulky metal ring around every tooth in the mouth. Thus the term "metal mouth" came about. When an orthodontic patient smiled, all you saw was metal.

Things have changed! Now instead of bulky metal rings there are small, low profile brackets that are temporarily cemented to each tooth for the duration of treatment. These brackets are smaller and smoother than the ones that were attached to the bands in years past, and now a patient can choose different colors to add to the braces. Clear or ceramic brackets are also widely used which also decrease the visibility of the braces.

Along with improved looks, the technology in making brackets and wires has also changed. This has helped make orthodontics more effective and efficient, thus making the orthodontic experience more enjoyable. Our practice has also added to the braces experience by making the office fun for young ones and adults by providing a relaxed and entertaining atmosphere.

"I'm too old to get braces." We hear many people make this statement. Yet throughout the years it has become more socially acceptable for adults of all ages to have braces. As long as an individual has healthy teeth, bones, and gums they can have braces and a beautiful smile. In our practice we have patients ranging from ages 7 to 72, so no matter how old you are, you will not be alone.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
					1	2	
	OFFICE CLOSED						3
4	5	6	7	8	9	10	
	COLUMBUS DAY SCHOOL HOLIDAY			CANDY IN THE JAR CONTEST ENDS			
11	12	13	14	15	16	17	
18	19	20	21	22	23	24	
	COSTUME WEEK						HALLOWEEN
25	26	27	28	29	30	31	

September 8th - October 15th  
Candy in the Jar Contest Ends

Come into the office and guess how many pieces of candy are in the jar to receive extra orthobucks and be entered to win a prize.

October 26th - 29th  
Costume Week

Get decked out in your costume and wear it into the office to earn extra Orthobucks and be entered to win a grand prize.



Orthodontics & Dentofacial Orthopedics

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